UNCONFIRMED MINUTES OF A MEETING OF CARDIFF AND VALE STAKEHOLDER REFERENCE GROUP HELD ON TUESDAY 22 MARCH 2016, CORPORATE HEADQUARTERS MEETING ROOM, UNIVERSITY HOSPITAL OF WALES

Present:
Paula Martyn Chair, Care Forum Wales
Posy Akande Carer
Sarah Capstick Cardiff Third Sector Council (until item 16/09)
Liz Fussell UHB Volunteer
John Hughes One Voice Wales
Linda Pritchard Glamorgan Voluntary Services
Richard Thomas Care and Repair Cardiff and the Vale
Robert Tooby Welsh Ambulance Service NHS Trust (Vice Chair)

In Attendance:
Sian Griffiths Consultant in Public Health Medicine, Public Health Wales (items 16/01-16/08)
Abigail Harris Director of Planning, Cardiff and Vale UHB
Annie Procter Director, Mental Health Clinical Board, Cardiff and Vale UHB (item 16/10 only)
Peter Welsh Director of Corporate Governance, Cardiff and Vale UHB
Ian Wile Head of Operations and Delivery, Mental Health Clinical Board, Cardiff and Vale UHB (item 16/10 only)
Emma Wilkins Assistant Director of Strategic Development and Transformation, Cardiff and Vale UHB

Apologies:
Cllr Javed Cardiff Council
Alison Kibblewhite South Wales Fire and Rescue
Stuart Parfitt South Wales Police

Secretariat: Gareth Lloyd

SRG 16/01 WELCOME AND INTRODUCTIONS
The Chair welcomed colleagues to the meeting.

SRG 16/02 APOLOGIES FOR ABSENCE
The SRG NOTED the apologies.
It was **NOTED** that although not members of the SRG, Marie Davies, Anne Wei and Keithley Wilkinson had sent their apologies for the meeting.

**SRG 16/03 DECLARATIONS OF INTEREST**

There were no declarations of interest.

**SRG 16/04 MINUTES OF THE STAKEHOLDER REFERENCE GROUP MEETING HELD ON 18 NOVEMBER 2015 AND AGENDA FROM THE INTEGRATED MEDIUM TERM PLAN ENGAGEMENT SESSION HELD ON 23 FEBRUARY 2016**

The SRG **RECEIVED** and **APPROVED** the minutes of the meeting held on 18 November 2015.

The SRG **RECEIVED** and **NOTED** the agenda of the Integrated Medium Term Plan (IMTP) Engagement Session held on 23 February 2016.

**SRG 16/05 ACTION LOG**

The SRG **RECEIVED** and **NOTED** the updated Action Log from the Meeting held on 18 November 2015.

**SRG 16/06 MATTERS ARISING**

**Film Shown at UHB Annual General Meeting (AGM)**
Peter Welsh apologized that it was not possible to screen the film during the meeting, due to technical difficulties. The film could, however, be viewed on the UHB’s website.

**Quality, Safety and Experience Framework**
Gareth Lloyd informed the SRG that Carol Evans had indicated that some work had regrettably been put on hold due to unanticipated leave within her team. Carol Evans hoped to circulate the draft Framework to the SRG for comment within the next few months.

**Action: Carol Evans/Gareth Lloyd**

**Integrated Medium Term Plan (IMTP)**
Abigail Harris reported that the UHB’s current IMTP had secured Welsh Government ‘approved status’.
The UHB had overall achieved improved performance against a suite of indicators despite the challenges faced by increases in unscheduled care and cases of influenza and Norovirus. Although the UHB faced massive challenges during 2016/17 it was anticipated that it would deliver a 3% cost reduction programme and achieve financial balance whilst continuing to make further modest improvements in its performance. A paper on the IMTP would be taken to the UHB Board on 31 March.

The SRG noted that the approved Cardiff Local Development Plan (LDP) would place further pressure on the UHB. Abigail Harris explained that the UHB had responded to every planning application. The UHB had developed a Primary Care Plan and had held initial discussions with general practitioners in the areas earmarked for expansion in the LDP, regarding potential expansion of their practices. It should, however, be noted that some GPs did not want to expand.

Abigail Harris explained that the formula for the revenue funding it received from Welsh Government did not keep pace with population increases. The UHB continued to hold discussions with Welsh Government regarding this issue.

A suggestion was made by the SRG that the UHB should work with partners including the third sector, to identify potential innovative uses of 106 Agreement funding.

Abigail Harris reminded the SRG that the UHB’s Shaping Our Future Wellbeing Strategy was based on the principle of home first. The UHB was developing the concept of a ‘Perfect Locality’ which would see more services and facilities provided within community hubs and the three Health and Wellbeing Hubs that would be developed at the Barry Hospital, Cardiff Royal Infirmary and Whitchurch Hospital sites.

Abigail Harris explained that statistics for Delayed Transfers of Care from UHB inpatient beds had deteriorated over recent months and this was another major challenge facing the UHB. One concept being considered was that of stratifying medical inpatient wards which would, for example, see additional therapists being based on certain wards. This concept was still in the early stages of development.

A suggestion was made by the SRG that the UHB should further improve relationships with domiciliary care providers. Lessons could also be learnt from the ‘Shared Lives’ third sector scheme.
FEEDBACK FROM BOARD

The SRG RECEIVED and NOTED the agendas of the UHB Board meetings held on 26 November 2015 and 28 January 2016.

Peter Welsh drew the SRG’s attention to several items which had been discussed.

- Wales Audit Office Annual Audit Report 2012
- Annual Health and Care Monitoring Audit 2015
- Performance Report for Research and Development.

He explained that another common theme raised during meetings had been problems with car parking on the University Hospital of Wales site. A suggestion was made that Welsh Government’s push for free parking on all NHS sites would have further massive implications for congestion on the site. Abigail Harris explained that the current car parking contract for the UHW site was due to end during spring 2018 and the UHB recognised that a traffic management system and parking enforcement officers would have to be introduced on the UHW site after that date.

STRIVING FOR ‘EVEN BETTER’ – HOW CAN WE GROW A HEALTH AND WELLBEING NETWORK IN CARDIFF AND THE VALE OF GLAMORGAN?

The SRG received a presentation from Dr Sian Griffiths, Consultant in Public Health Medicine on initial thoughts on how we might recognise, link up and expand the assets we have in our communities to support health and well being in our population.

Dr Griffiths explained that it was proposed that two or three network events would be held each year to talk about what was currently taking place within communities and how exiting assets could be improved to develop a social movement for health and wellbeing within Cardiff and the Vale of Glamorgan. A key concept was to ensure that the healthy choice was the easy choice.

The presentation was then discussed by the SRG and a number of comments were made.

- The third sector might be better placed to take forward some of the work.
- Prevention would be key.
- The relationship between the state and citizens must change and individuals must take more responsibility for their own health.
- UHB staff are a potentially huge untapped resource.
Some socio-economic groups are unlikely to engage in initiatives and care must be taken to ensure that initiatives do not increase existing inequalities between communities and groups.

- Transportation should be developed e.g. cycle and walking routes.
- Community Ambassadors need to be involved.
- People should be educated in healthy lifestyles from a young age.
- ‘Knit and Natter’ in Barry and Pedal Power in Cardiff are examples of successful initiatives.
- The Dewis Cymru website will provide a range of information and details of resources available in communities to help people make healthy choices.
- The six Cardiff Neighbourhood Managers have a lot of information on what is available within their areas.

It was agreed that Dr Sian Griffiths be invited back later on in the year to provide an update on the development of the health and wellbeing network.

**Action: Sian Griffiths/Anne Wei**

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**SRG 16/09 UHB STRATEGIC BLUEPRINT**

The SRG RECEIVED a presentation from Abigail Harris and Emma Wilkins, the UHB’s Assistant Director of Strategic Development and Transformation on the ‘HEART: Health Enterprise Alliance for Regional Transformation - A strategic Blueprint for the Cardiff and Vale Health and Care System.’

The SRG were informed that the UHB, Cardiff University, Cardiff Council and Vale of Glamorgan Council recognised that more could be achieved by working together and aligning their plans through an overarching ‘strategic blueprint.’ The organisations have described their mission as ‘To generate a globally significant revolution in health and wellbeing, building on all of our strengths and aligning our resources to find new, replicable and sustainable ways to help Cardiff and Vale citizens lead fulfilling, healthy lives.’

Abigail Harris explained that it was hoped that the mission signified that the organisations were committed to working together in a different way and that by so doing would create a climate which would attract health science industries.

The SRG considered three specific questions:

- What are your thoughts on the mission?
- Is it ambitious enough?
- Does it capture the imagination?

The SRG made a number of comments:

- The mission might not be understood by the general public.
• If a mission had to be explained it was probably unclear.
• Why was Cardiff Metropolitan University not part of HEART as it was responsible for training Therapists? Abigail Harris assured the SRG that the organisations worked closely with Cardiff Metropolitan University and this relationship would remain critical to the success of the mission. At this stage, however, the organisations want to develop a very specific academic health service campus.

The SRG was informed that the Cardiff and Vale system model focussed on three areas:
• Our model of citizen-led care
• How we work together
• Research, innovation and commercial development

The SRG then considered two specific questions:
• Have we identified the right three areas to focus upon?
• Will they help us to address the challenges we are facing?

The SRG agreed that the Vale must not be sidelined.

Abigail Harris explained that there had not hitherto been much engagement on the Blueprint as it would not be considered by the UHB’s Executives until the following week. The UHB was in the process of reviewing its stakeholder list for the forthcoming engagement process.

It was agreed that a copy of the full Blueprint would be circulated to members of the SRG for information.

**Action: Emma Wilkins/Gareth Lloyd**

**SRG 16/10 IORWERTH JONES UNIT**

The SRG received a presentation from Annie Procter, Director, Mental Health Clinical Board and Ian Wile, Head of Operations and Delivery, Mental Health Clinical Board, on the options being considered to address the environmental challenges faced at Iorwerth Jones Mental Health Inpatient Unit.

Ian Wile informed the SRG that although the standard of care provided in Iorwerth Jones was of the highest level, there had been several damning external and internal reports on the environment. Health Inspectorate Wales had visited the facility and deemed it the worst environment in Wales in which services are provided for older people. The layout of the unit was inappropriate and its north Cardiff location was isolated from local amenities.

Ian Wile outlined the services provided currently at Iorwerth Jones and the issues associated with providing these services on the site. He explained that
from 1 May 2016, all of the UHB’s Mental Health inpatient beds would be provided at University Hospital Llandough (UHL) with the exception of those at Iorwerth Jones, one ward at Barry Hospital and Rehabilitation facilities on Park Road in Whitchurch. The Mental Health Clinical Board would like to take the opportunity to modernise its inpatient services and had developed a number of options for transferring services from Iorwerth Jones. The preferred option was to transfer the two Mental Health Services for Older People (MHSOP) Continuing Health Care wards from Iorwerth Jones to the state of the art MHSOP inpatient facility at UHL that opened in 2012. The long stay Rehabilitation ward would also transfer from Iorwerth Jones to UHL as part of a bed resource between the Llanfair Unit and Hafan Y Coed. This would require some transfer of services from the UHL MHSOP Unit to the Llanfair Unit with a small net reduction in beds. Benchmarking had identified that the UHB currently had the sixth highest number of these beds in the United Kingdom. Any savings resulting from these bed reductions would be reinvested in the Mental Health Services.

Ian Wile informed the SRG that a paper setting out the options had been prepared for the Community Health Council (CHC). The CHC was receptive to the proposal and had asked the UHB to undertake a formal engagement process from 1 April to 30 June.

The Chair thanked Annie Procter and Ian Wile for their advance engagement with the SRG. The SRG then discussed the proposals.

The importance of securing the support of carers and relatives for the proposals was noted.

Some concern was expressed regarding the lack of local amenities at UHL and difficulties in travelling to the site. Ian Wile explained that there would be retail units on the UHL site and transport would also be arranged to take inpatients to local shops. A dental suite for UHL patients was also in design. An Equality Impact Assessment would also be undertaken as part of the engagement process and accessibility to the site would be a key element of this.

Peter Welsh informed the SRG of recent improvements to bus services on the UHL site. Proposals to relocate services to UHL from Rookwood Hospital would also assist in securing further improvements to public transport services for the site.

The SRG enquired whether relocating the facilities to UHL would reduce the number of patient transfers for treatment. Annie Procter explained that there would always be occasions when patients would have to be transferred. However, it was anticipated that the supporting clinical and diagnostic infrastructure at UHL would improve the ability to manage patients on their own wards and thereby reduce the number of transfers.
It was noted that some sections of the public would inevitably be concerned about proposals to reduce bed numbers. It was imperative therefore, that any savings were reinvested in Mental Health services. The SRG asked whether there was a risk that savings would not be reinvested in this way. Ian Wile explained that in recent years a number of Mental Health beds had been closed and any savings had been reinvested in Mental Health services.

The SRG enquired about the future of the Mental Health inpatient facility at The Barry Hospital. Ian Wile explained that the ward at The Barry Hospital was extremely well staffed and catered mainly for young onset dementia patients whom it would be difficult to integrate into the facilities at UHL.

The SRG enquired whether there was a contingency plan if the preferred option was not approved. Ian Wile explained that the refurbishment of Iorwerth Jones would require significant capital investment and would not address the key issue of its isolation.

**SRG 16/11 NEXT MEETING**

The SRG RECEIVED, NOTED and DISCUSSED a draft Outline Work Plan for 2016/17 that was tabled.

It was agreed that:
- The Social Services and Wellbeing (Wales) Act Population Needs Assessment item be brought forward to an earlier meeting.
- The Patient Experience Team be invited to the May meeting
- Relationships with Welsh Government be an agenda item in July 2016

**Action:** Anne Wei

It was agreed that members of the SRG send Gareth Lloyd any further suggestions for future agenda items.

**Action:** All

The next meeting would take place 9.30am-12pm on Thursday 5 May 2016, venue to be confirmed.