CPR

Who decides about having CPR?

CPR stands for…

Cardiopulmonary Resuscitation

This book will try and help you understand about CPR
Who decides about CPR?

These decisions made by doctors involved in your healthcare are always best made when they involve YOU, and your family or carers.

We will talk about your health and how ill you are and whether CPR is the right choice for you.
What if I can’t make a decision about CPR because of my illness or learning disability?

Someone who knows all about you will make the best decision for you

This person is called

A Legal Proxy

It may be a family member or a friend

You can choose who it is

or

A court will do it for you
What if I decide I don’t want CPR?

That’s ok, it's your decision.

You will still get all the doctor and nursing care you need.

Make sure you tell people who NEED to know.

I have made a decision.
And it is written down

There is a form called...

Do Not Attempt Cardiopulmonary Resuscitation

(DNACPR Form)

This form will be kept in a safe place, your doctor or nurse will keep a copy and will give you a form too, to take to your home.
The doctors will tell the people who NEED to know…

so if you are taken ill…

and might need an ambulance…

You, or your carer, should give them your form so they will know not to try CPR
Please remember you CAN talk about CPR again at any time, even if there is already a DNACPR form

I have changed my mind; I want to ask someone about it again and tell them my views
If you need more help to decide

These are some people who you might want to talk to about CPR…

- A carer or somebody who helps you
- Your family or your best friend
- The doctors and nurses involved in your care
- A vicar or priest
- An advocate
- Support groups
- The NHS helpline
This booklet is part of a series of 4 leaflets…

- What is CPR?
- Talking to someone about CPR
- Will CPR work for me?
- Who decides about CPR?

You might want to read these one at a time and in your own time

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